The Golden Light Invocation

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The generation of the golden light creates a good and effective protection, mentally, spiritually and physically. When this golden light becomes strong enough, it will provide the best protection for you.

The mysterious origin of Heaven and Earth is the source of pure energy. With this energy we can rectify the imbalances and communicate with the entirety. Within and without the three spheres of the universe, only the Tao is most revered. From the Tao I receive the subtle Golden Light to envelop and protect my body and soul It is so subtle that it cannot be seen or heard. The subtle Golden Light permeates heaven, earth and me. It nourishes and educates all life. I touch this Heavenly invocation with deepest sincerity. All spiritual beings gladly guard me. All high deities of the Five Directions come to assist me. All the Divine Immortals kindly accept me. The Golden Light enables me to transcend all worldly troubles. I am given power over all evil forces. The enlightenment comes from the Divine Immortals like thunder breaking the dark clouds. They inspire my clear wisdom to see through all obstacles in my way. My upright Chi is shining and active. May the Jade Marrow of Heaven fill my bones. May the holy medicine of Immortality grow within me. May the spiritual resources always reach me. I truly know the holy medicine of Immortality

After 10,000 repetitions of this invocation, the wonderful secrets of all supernatural beings become self-evident to me. From the Jade Emperor, the Everlasting One of the Universe, may this Golden Light descend and guide me.

is colorless and flavorless.

After reading the invocation, one should inhale the golden light into the lower "tan tien" which is located just below the navel. Then visualize the color covering your whole body.